

Information

Camp Location: National Field Hockey Training Center; camp will take place on two turf fields.

Date: July 20th- July 24th

Time: Monday-Friday RAIN OR SHINE!!

Cost:

- **Youth camp:** \$115.00
Ages: 8-11 (grades 3-5)
9:00-11:30 (Mon- Thurs) 9:00-12:00 (Friday)
- **Senior Camp:** \$175.00
Ages: 11-18 (grades 6-12)
9:00-12:00 (Mon-Fri)

(make checks payable to Virginia Beach Hockey Team Camp)

Instruction: The first session will concentrate on the teaching and refinement of basic field hockey skills through the use of stationary and game situation drills. In this session beginning players are taught basic skills leading to game play. Intermediate and advanced players will be coached for technique and refinement of their playing skills. There will be many breaks throughout the afternoon. The second session will emphasize team play and game strategy. This will prepare every camper for some "game play" in the tournament play day on Friday.

Coaches: Advanced level coaches will be at camp to instruct at all levels.

Coaches will assess each player's ability after the first day and make necessary group level changes,

Goalies: There will be special instruction by a goalie coach as well as game play. Each girl should have their own equipment.

Equipment: Stick, ball, sneakers or turf shoes, mouth guard, shin guards, water jug. Dress in athletic shorts and shirts. Please NO halter tops.

NO REGULAR CLEATS ALLOWED ON THE TURF!!

BE THERE!!: This is a great opportunity to play on turf and get ready for your season.

Your conformation for camp may come to you via e-mail.

Questions: Call Kim 481-5695 or e-mail dukeversage@verizon.net

Kim Versage: Camp Director

920 Earl of Essex Ct. Virginia Beach, VA 23454

Also check out our website...beachfieldhockey.com
PASS IT ON!!

Cut and send in the right page



Application

(Please Print)

Name: _____ Age: _____

Address: _____

City: _____ Zip: _____

Phone: _____ Work/Cell: _____

Emergency Contact: _____ Phone: _____

School Attending Fall 2009: _____ Grade: _____

Email: _____

Hockey Experience: (Check and fill in information)

_____ No experience/Never played on a team

Community League: # of years

Spring: _____ Indoor: _____ Summer: _____

Middle school (name) _____

6th _____, 7th _____, 8th _____

High School (name) _____

9th _____, 10th _____, 11th _____

Participation in other programs:

Futures: _____ Beach Premier _____ Other _____

I hereby certify that my daughter,

Is in good health condition for participation in the Virginia Beach Field Hockey Camp, And will not hold the coaches or directors liable for injury or illness she may incur. She is responsible for wearing the required mouth and shin guards at all time.

Parent/Guardian Signature:
