

Information

Camp Location: National Field Hockey Training Center; camp will take place on two turf fields.

Date: July 19th-July 23th Monday - Friday **RAIN OR SHINE!!**

Youth Camp (ages 6-11; grades 1-5) Elementary School

Cost: \$150.00

Time: 9:00-11:30 (Monday –Thursday: Friday until 12:00

Senior Camp (ages 12-18: middle school /6th -12th grades)

Cost: \$200.00

Time: 9:00-12:00

(Make checks payable to Virginia Beach Hockey Camp)

Instruction: The first session will concentrate on the teaching and refinement of field hockey skills through the use of stationary and game situation drills. Intermediate and advanced players technique will be critiqued and coached to develop their level of play. There will be many breaks through out the day for hydration. The second session will emphasize game play and strategy.

Coaches: Advanced level coaches will be at camp to instruct at all levels. Coaches will assess each player's ability the first day and make necessary group level changes.

Goalies: There will be special instruction by a goalie coach as well as game play. **Each girl should have her own equipment.**

Equipment: Stick, ball, sneakers or turf shoes, mouth guard, shin guards, water jug. Everyone must wear a shirt, not just a jog bra and athletic shorts.

Your conformation for camp may come to you via e-mail.

Questions call Kim (757)-481-5695 or

Email at dukeversage@verizon.net

Please mail applications to this address:

Kim Versage: Camp Director

920 Earl of Essex Ct.

Virginia Beach, VA 23454

ALSO CHECK OUT OUR WEBSITE AT :

beachfieldhockey.com

PLEASE PASS IT ON!!!!!!

Please cut here



Application

(Please Print)

Name: _____ Age: _____

Address: _____

City: _____ Zip: _____

Phone: _____ Work/Cell: _____

Emergency Contact: _____ Phone: _____

School Attending Fall 2010: _____ Grade: _____

Email: _____

Hockey Experience: Check/fill in information

____ No experience/ Never played on a team

League: # of years

Spring: ____ Indoor: ____ Summer: ____

Middle School (Name) _____

6th ____ 7th ____ 8th ____

High School (name) _____

9th ____ 10th ____ 11th ____

Participation in other programs:

Futures: ____ Beach Premier ____ Other _____

I hereby certify that my daughter,

Is in good health condition for participation in the Virginia Beach Fi Hockey Team Camp, And will not hold the coaches or directors lia for injury or illness she may incur. She is responsible for wearing tl required mouth and shin guards at all time.

Parent/ Guardian Signature:
