

2010 VBHL Fall Frenzy

Age Groups: 6-7, 8-10, & 11-13

Location: The National Training Center

Dates: Saturdays – October 2nd, 9th, 16th, 23rd

Times: 9am – 1030am (6-7 yr old), 9am-1030am (8-10yr old), 1030am-12pm (11-13yr old)

Cost: \$75.00 per player

Objective: A more intense, competitive learning environment committed to teaching the skills & concepts of field hockey. Players who are ready for the next level should enroll. Individual and team will be limited.

- **Team (club, middle school or other) enrollment will be accepted. Teams MUST have at least 10 players on roster. Rosters must be submitted with waivers and payment.**
- **Otherwise players will randomly placed on teams. Requests for individual placement will not be accepted.**

Deadline: September 1, 2010 or **when age groups are full (no late sign-ups will be accepted!!!!)**

Criteria:

1. Player must commit to all sessions.
2. Player must agree to play with team to which she is assigned if not enrolling with a team.
3. Player understands that she is expected to work at level set forth by the coach.

-----Keep top copy for your records-----

NAME (of participant) _____ e-mail: _____
PHONE # _____ EMERGENCY #: _____
ADDRESS _____ SUB-DIVISION _____
ZIP CODE _____ AGE _____ SCHOOL _____

I certify that my daughter/ (I, if over 18) _____, is in good health for participation in the VA. BEACH HOCKEY LEAGUE, LTD., and will not hold coaches or director, commissioners liable for any injury or illness she may incur. **She/ I will wear shin and mouth guards at ALL practices and games.**

Player's parent/guardian signature: _____ Occupation: _____

Player's signature: _____ Date: _____

Check age group: 6-7 _____ 8-10 _____ 11-13 _____

Check One: _____ field player _____ goalkeeper

Check One: _____ Individual (not enrolled with team) _____ Team (include name) _____

Questions regarding the Fall Frenzy Season please **call Margarete Brandon (VBHL Youth League Coaching Coordinator) at 721-6385.**

Make checks payable to VBHL.
Mail checks and signed forms to:
Cindy Midkiff, VBHL
612 Lake Pt. Circle
Va. Beach, VA 23451